

# Piano lessons with Mrs Karin Brown

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## Karin Brown

Piano Teacher, Alexander Technique Teacher, TRE Provider

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I am a piano teacher with about 20 years of experience. I have a private practice in Yaxley, Peterborough, Oundle and St Neots, and I am looking for new students of all ages. I teach those who just want to have fun with music, as well as those who want to study for exams. I can teach up to Diploma level. I also welcome adults! Students can come to my house or I can travel to students' homes. I can also prepare students for auditions to conservatories or for competitions. All of my lessons are conducted in a very friendly atmosphere. I pay a lot of attention to how a student sits behind the piano and whether his or her body is nicely balanced and not too tense while playing. I'm also trained at teaching students how to cope with performance anxiety.

I studied in Estonia in Tallinn Music Highschool, which is the best music school in the country. It's a Russian-type music school of very high standard. I have also graduated the Estonian Academy of Music and Drama. I started studying in solo performance and chamber music departments, but unfortunately suffered of an injury to my arms and subsequently finished my studies at the pedagogy department.

After suffering pain in my arms and shoulders due to excessive piano practicing, I discovered the Alexander Technique and what an effective tool it is for pianists who want to avoid injuries and aches and pains.

I have been an Alexander Technique teacher for 12 years now. The Alexander

Technique is taught around the world in most music and drama schools to prevent injuries and improve performance. I have been working extensively with young and

professional musicians in Estonia and in UK, so as to help them learn how to play their instrument with freedom and joy.

If you are already studying piano or are a teacher, but find practising very hard on your back, neck, shoulders or arms, then you are welcome to have some Alexander Technique lessons with me in order to feel freer while sitting at the piano, and in all of your daily activities.

I currently teach the Alexander Technique in the music departments of Oundle School and Guildhall School of Music and Drama (Junior Department). Previously I taught piano at Luton Sixth Form College and at JFK Catholic School in Hemel Hempstead.

You will find more information on my website: [www.karinbrown.co.uk](http://www.karinbrown.co.uk)

Disclosure and Barring Service: Yes

Qualification: BA in Piano Pedagogy, Alexander Technique teacher (MSTAT)

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